DIVE IN OKINAWA!

Ocean Lovers' Paradise

Be. Okinawa

Japan. Endless Discovery.

MARINE PARADISE OKINAWA

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Ruins Point (Yonaguni Island Offshore)

MAXIMUM DEPTH 25m | CURRENT Occasionally strong

Yonaguni Island South Offshore, there's an enormous stone structure, about 290m long from north to south.
With massive stone stairs and a stone relief in the shape of a tortoise, this huge structure is a mystery — Nobody knows if it's man-made or natural.

SEA OF OKINAWA ATTRACTS DIVERS FROM AROUND THE WORLD

The moment you dive, you forget your breathing and time stands still.
The ocean is a treasure trove of beautiful lives.

APPEALS OF OKINAWAN SEAS

Okinawa comprises 160 islands, 49 of which are inhabited. It sits between the East China Sea and the Pacific Ocean, in the path of the Kuroshio, the world's largest warm current.
Well connected by air and sea, the various islands are also easily accessible.
Okinawa is endowed with an abundant natural environment fostered by the warm, subtropical climate.
With its own unique history and culture, many visitors come to enjoy East Asia's biggest resort island.

One of the greatest attractions of Okinawa is the sea!
Among professional divers, it's known as one location that everybody wants to visit, and there are many attractive dive points dotted around the islands.
The Blue Cave, which even beginners can enjoy, is very popular.
The Kerama Shoto National Park boasts outstanding translucence, with visibility up to 40 or 50m.
The appeal of the Miyako area lies in its caves bathed in beautiful blue light and its dynamic topography.
In the Yaeyama Islands, known as one of the best places in the world for manta rays, there is a mysterious giant stone structure at Yonaguni Island.
In an endlessly transparent sea, coral reefs shimmer in the sunlight and shoals of subtropical fish play.
Elegant manta rays appear before your eyes, large migratory fish visit, and you may be lucky enough to encounter hammerheads and even whale sharks.

In the winter, migrating humpback whales visit Okinawa's life-giving seas.
Seawater temperatures are around 28°C in summer, and a warm 21°C even in winter.
From families with children to professional divers, the resort island seas of Okinawa can be enjoyed year-round.

KERAMA SHOTO NATIONAL PARK

**The seas of the Kerama Islands are unrivalled anywhere in the world for their amazing translucence.
Known as the sea that all the world loves, it attracts divers from around the world.
It has everything that divers want — topography, coral, quantities of every kind of fish, and translucent water.
This popular area is visited by many divers year-round.**

Kerama Islands Diving Seasonality (°C)

Month	1	2	3	4	5	6	7	8	9	10	11	12
Average Maximum Temperature	19.3	20.2	21.2	23.6	26.4	28.8	31.6	31.3	30.4	27.9	24.7	21.1
Average Minimum Temperature	15.4	16.1	16.7	19.2	21.9	24.5	26.8	26.7	25.9	23.9	21.1	17.2
Average Water Temperature	20~21		21~23		23~28		25~30		23~28		21~25	
Wind Direction	North			East		South		East		East-northeast		North
Suit Guide	5mm full suit		5mm full suit + hood		5mm one-piece suit		3mm one-piece suit			5mm one-piece suit		
Ocean Attractions	Humpback whale											
					Pygmy sweeper							
							Luminous cardinalfish					
				Clownfish and red bass spawning								
	Giant cuttlefish spawning											
						Manta (Zamami Island, Aka Island, Geruma Island)						

The Sea, All The World Loves — Kerama Blue

Located 40km west of Naha, the Kerama Islands comprise some 20 large and small islands, including Tokashiki Island, Zamami Island, and Aka Island.
With outstandingly clear water, an underwater world spreads out in all directions with visibility up to several dozen meters.
This beautiful sea is known as “Kerama blue”. Endowed with an abundant habitat of fish and coral, humpback whales visit to breed from December to March when you can enjoy whale watching.
From the shore to the deep sea there are a variety of ecosystems, and the beautiful natural scenery is valued highly. On March 5 (Coral Day) 2014, it was designated as Kerama Shoto National Park.

1 North of Kuba (Kuba Island: Uninhabited Island)

MAXIMUM DEPTH 30m CURRENT Occasionally Strong

Sweepers, luminous cardinalfish and oriental butterflyfish shoalamong bright red Melithaea flabellifera, in a world just like the Dragon King's castle.
At this drift diving point you can enjoy a maze-like topography of arches and crevasses.

2 Urunosachi

MAXIMUM DEPTH 20m CURRENT Calm

At this relaxing spot, shoals of Blue-green chromis and amethyst anthias flit among colonies of colorful branch coral that grow like a forest.

Coral Spawning, Mesmerizing Mystery of Life

The spawning of precious corals can be seen on only a few nights of the year!
During early summer between May and June, on the night of before and after full moon, the corals begin spawning all at once as if by signal.
The instant when new life is born presents a moving and mysterious scene.
The Kerama Islands are known as the home of coral.
There are many points such as Aharen Beach and Aka Island Offshore where you can experience a fantastic undersea world in night dives!

3 Ijakaja

MAXIMUM DEPTH 30m CURRENT Occasionally

This is the place in the Kerama Islands where divers most likely to encounter manta rays.
This is a cleaning point for rays, and you can watch them hovering while fish clean them, as well as watching them feed. Summer tides are the best time to see manta rays.

4 Undersea Desert

MAXIMUM DEPTH 20m CURRENT Calm

At this popular point, the pure white sandy floor spreads out as far as the eye can see like a desert.
The sparkling light of the sun and ripples of the surface kindle the sandy floor in this fantastic, expansive blue world.

5 Uminchu (Fisher man)

MAXIMUM DEPTH 25m CURRENT Occasionally strong

Various living creatures gather in these blocks of fish reef sunk on the sea floor.
This is a great point for encountering lots of fish.

6 Kamigusuku (East of Tokashiki Island)

MAXIMUM DEPTH 35m CURRENT Occasional

Melithaea flabellifera grow in colonies on a rock pierced by a hole, and longfin batfish and sea goldie shoal around it.
It presents a fantastic, beautiful scene like the Dragon King's castle.

7 Paraiso (Mae Island)

MAXIMUM DEPTH 35m CURRENT Occasionally strong

Cute garden eels poke their faces from the pure white sandy floor.
Whitetip reef sharks can be seen in the gaps under rocks, and you can sometimes enjoy encountering black spotted ray.

8 Gina (Aka Island)

MAXIMUM DEPTH 25m CURRENT Calm

This point has a sandy floor and coral, and many signs of fish.
There's a good chance of encountering green turtles and hawksbill turtles.
If you come across turtles sleeping or eating, just watch them quietly without disturbing them.

9 Hanari Island

This uninhabited island is located about 1km from Aharen Beach on Tokashiki Island.
You can get there by boat, and there are also sea kayak and banana boat tours.
With very translucent water and tropical fish even in the shallows, this point is ideal for snorkeling with small children.

OKINAWA MAIN ISLAND

**Naha, the gateway to Okinawa, is located in Okinawa main Island.
Diving spots are dotted along the west coast,
and there's great diving on the outlying islands with their exotic topography.
There are many dive spots that are accessible from the beach,
which is perfect for beginners.**

Okinawa Main Island Diving Seasonality

(°C)

Month	1	2	3	4	5	6	7	8	9	10	11	12
Average Maximum Temperature	19.5	19.8	21.7	24.1	26.7	29.4	31.8	31.5	30.4	27.9	24.6	21.2
Average Minimum Temperature	14.6	14.8	16.5	19.0	21.8	24.8	26.8	26.6	25.5	23.1	19.9	16.3
Average Water Temperature	21	20	21	23	25	25–29			25–24		23	
Wind Direction	North-northeast	North	East-southeast	East	South-southeast	Southeast		East-southeast		North-northeast		
Suit Guide	5mm full suit		5mm one-piece suit		3mm one-piece suit			5mm one-piece suit				
Ocean Attractions	Spotted eagle ray											
	Sea slug mating											
	Giant cuttlefish spawning											
				Giant cuttlefish nursery								
					Coral spawning							
					Sea turtle spawning							

1 Cape Maeda

MAXIMUM DEPTH 40m CURRENT Occasional

One of Okinawa Main Island's representative diving spots. There are coral reefs and many signs of fish in the shallows of the Blue Cave and topography of the drop off.
Besides schools of longfin batfish, you can occasionally encounter large creatures such as sea turtles and humphead wrasse.

Inside Cape Maeda's Blue Cave

2 Manza Dream Hole

MAXIMUM DEPTH 30m CURRENT Calm

In a hole let into the reef projecting from the shore is a hole that goes straight down for 24m, and when you come out of there, your eyes are met by blue light.
The silhouettes of vast numbers of sweepers present a beautiful sight.

3 Sunabe No.1

MAXIMUM DEPTH 20m CURRENT Calm

Pink and yellow soft coral are arrayed like flowers in a garden, and many pearl-spot chromis and oriental butterflyfish inhabit this spot.
Entry is from the beach, making this a popular spot for beginners.

4 Komaka Island

MAXIMUM DEPTH 15m CURRENT Calm

This uninhabited island, about 800m around, sits on its own in the Pacific Ocean.
Brightly colored tropical fish swim right up to the water's edge by the coral sand beach, and you can enjoy swimming, diving and snorkeling.

5 Kamiyama South Labyrinth (Chibishi Islands)

MAXIMUM DEPTH 20m CURRENT Calm

Kamiyama Island is one of the three uninhabited islands of Naha Offshore that make up Chibishi Islands.
It's a popular uninhabited island where even beginners can enjoy topographical locations.
There are many crevasses and caves in the sea forming a labyrinth, hence its name.

6 Cape Fudenzaki (Aguni Island)

MAXIMUM DEPTH 40m CURRENT Occasionally Strong

This point is famous for the bigeye trevally that visit from April to July in huge dynamic schools.
There are also shoals of dogtooth tuna, and if you're lucky, you may even encounter hammerhead sharks and whale sharks!

7 Tonbara (Kume Island)

MAXIMUM DEPTH 40m CURRENT Occasional

If you dive at any point around the huge rock on the sea floor,
you can see giant trevally, dogtooth tuna and other migratory fish,
and whitetip reef sharks at about 40m.
If you're lucky, you may even encounter hammerhead sharks and whale sharks!

8 Imazuni (Kume Island)

MAXIMUM DEPTH 30m CURRENT Occasional

At this popular spot you can see large, dynamic schools of bigeye trevally year round,
and in summer there's a high probability of encountering schools of migratory fish such as
barracuda, dogtooth tuna and giant trevally.
Access is good — it's about five minutes by boat from the port.
You can enjoy an undulating topography of holes, drop offs, and crevasses.

9 Minna Island Cable (Northern Okinawa Main Island)

MAXIMUM DEPTH 30m CURRENT Occasional

This little crescent-shaped island is found among the coral reefs around the Motobu Peninsula in Northern Okinawa Main Island.
The water is very clear and full of garden eels and colorful tropical fish.
The coral that grow in colonies on the reefs in the shallows are some of the best in Okinawa.

10 Wreck of the USS Emmons (Kouri Island Offshore)

MAXIMUM DEPTH 40m CURRENT Occasionally Strong

A warship sunk in the Pacific War, lies off Kouri Island.
The huge warship about 100m long, it rests on the seabed, looking almost as it was even after 60 years has passed.
It's a special shipwreck point on an impressive scale not seen at many other sites around the world!

11 Sesoko Island Labyrinth (Northern Okinawa Main Island)

MAXIMUM DEPTH 12m CURRENT Occasionally Strong

Sesoko Island in Motobu Town, Okinawa, has several crevasses running through the reef,
and this point resembles a huge labyrinth of tunnels and caves.
Enjoy the beautiful and ever-changing scenery produced by the natural light penetrating the labyrinth.

MIYAKO AREA

Dive amidst fascinating topography!
Miyako Island is perfect for divers with a spirit of adventure.
Mesmerizing blue light pours into a cave formed from magnificent coral reefs.

Miyako Area Diving Seasonality (℃)

Month	1	2	3	4	5	6	7	8	9	10	11	12
Average Maximum Temperature	20.4	20.9	22.7	25.1	27.5	29.9	31.6	31.2	30.0	27.8	25.0	22.0
Average Minimum Temperature	16.0	16.2	17.7	20.2	22.7	25.2	26.6	26.3	25.3	23.6	20.8	17.0
Average Water Temperature	21~23			23~25		26~29			25~27		23~25	
Wind Direction	North-northeast to northeast				South to southwest				Northeast			
Suit Guide	5mm full suit			5mm one-piece suit			3mm one-piece suit			5mm full suit		
Ocean Attractions	Manta											
						Yabiji and east coast diving season						
				Giant cuttlefish spawning								
				Giant trevally and dogtooth tuna								
						Red barracuda and slender sprat						

Yabiji In summer you can dive around Miyako Island's premier coral reefs

1 Cape Shiratorizaki

MAXIMUM DEPTH 35m CURRENT Gentle

The north side of Irabu Island is a great spot for leisurely fish watching.
Schools of madder seaperch swim around the rocks and you can also see leaf scorpionfish and candy crab.
It's also easy to find pink anemonefish which live among the sea anemones.

2 Demon King's Palace

MAXIMUM DEPTH 27m CURRENT Occasionally Strong

Dive lights are required. The entrance at a depth of about 20m leads into complex, maze-like topography that presents a mysterious scene. The beam of light descending straight down from the ceiling creates a solemn atmosphere as if the Demon King is right there. There are fissures here and there, creating a beautiful curtain of light.

3 Kijaka Paradise (Yabiji)

MAXIMUM DEPTH 20m CURRENT Calm

The colorful coral grows so thickly here it's like a forest, and there's no rock left uncovered. Gorgeous red bass flit among the coral.
The water is very clear, and this point is recommended for beginner divers and for snorkeling.

4 Ichinose Hole

MAXIMUM DEPTH 30m CURRENT Occasional

Of Miyako Island's many topographical points, this is one of the largest in scale.
With a water depth of about 30m, this spot is quite deep, but the fantastic blue light pouring through the hole in the roof of the space is beautiful, and the large shoals of pygmy sweepers that flit glinting through the cave present an unforgettable scene!!.

5 Rock Beauty

MAXIMUM DEPTH 13m CURRENT Occasionally Strong

A sandy point with colonies of coral.
Cute garden eels poke their faces out of the sandy floor, and there are many colorful pearl-spot chromis and sweepers around the coral, making this a great spot for fish watching.

6 W Arch

MAXIMUM DEPTH 18m CURRENT Calm

At this topographical spot, you can enjoy large and small arches at the reef edge.
If you look straight up from below at the large arch, it appears heart-shaped. It's popular with female divers.
The water is shallow, so it's a great place to try cave diving for the first time.
Many types of fish swim beyond the arch including red bass and lionfish.

8 Babenoya

MAXIMUM DEPTH 30m CURRENT Occasionally Strong

The topography of the large overhang is impressive, and the feather stars in front of the rock add color.
In winter you can also see manta rays!

7 Mini Toriike

MAXIMUM DEPTH 30m CURRENT Occasional

In this unique topography, a land-based pool is joined at the bottom to the sea. The popular spot on Shimoji Island. The tunnel at a depth of about 10m leads to a pool. When you raise your head out of the water, the blue sky leans down to meet you.

Toriike Pond

9 Antoni Gaudi

MAXIMUM DEPTH 35m CURRENT Calm

A popular spot reminiscent of a building by Spanish architect Antoni Gaudi.
There are four holes in the ceiling through which you can enter.

YAEYAMA AREA

The Yaeyama Islands include wonderful Islands such as Taketomi Island, Iriomote Island, Yonaguni Island and Phontom Island (Hama Island) with Ishigaki Island at their center. You can enjoy an undersea world teeming with life, from the therapeutic spots around outlying islands to dynamic topography.
There are many points that attract divers from around the world.

Iriomote Island
Known as the Galapagos of the East,
the wild proliferation of nature is overwhelming

Yonaguni Island
Mysterious underwater Ruins Point and a point famous for hammerhead sharks

Hateruma Island
Japan's southernmost island where the Southern Cross sparkles

Yaeyama Area Diving Seasonality

(℃)

Month	1	2	3	4	5	6	7	8	9	10	11	12
Average Maximum Temperature	21.2	21.6	23.5	25.8	28.3	30.4	32.0	31.8	30.7	28.7	25.8	22.7
Average Minimum Temperature	16.5	16.9	18.5	21.2	23.6	26.1	27.6	27.1	25.8	23.7	21.1	18.0
Average Water Temperature	21	20	22	23.9	26.1	27.7	29.1	28.9	28.3	26.5	24.2	21.9
Wind Direction	North-northeast		South		Northeast		South-southwest		Northeast		North-northeast	
Suit Guide	5mm full suit + hood			5mm full suit			3mm one-piece suit			5mm full suit		
Ocean Attractions	Dogtooth tuna and Barracuda											
	Giant cuttlefish spawning and hatching											
						Pygmy sweepers and luminous cardinalfish						
					Manta (Ishigaki Island)							
	Manta (Kuro Island)											
	Hammerhead sharks (Yonaguni Island offshore)											

1 Kabira Ishizaki Manta Scramble
MAXIMUM DEPTH 25m CURRENT Calm

This spot has a global reputation as a place with a high probability of seeing manta rays.
If you're lucky, you could be surrounded by ten mantas or more! Their elegant swimming motion as if they're flying is moving to watch.

2 Baras Island

MAXIMUM DEPTH 7m CURRENT Calm

Baras Island is a coral atoll that sits right between Iriomote Island and Hatoma Island.
The fantastically translucent water is full of beautiful coral at this popular spot, and there are many fish to greet you.

4 Panari Dragon King Reef (Aragusuku Island Offshore)

MAXIMUM DEPTH 8m CURRENT Calm

Sea goldie and luminous cardinalfish flit around the red wrightella tongaensis and soft coral,
creating a scene reminiscent of the Dragon King's castle.

6 Yonehara W Reef East

MAXIMUM DEPTH 25m CURRENT Calm

There's a spot at Yonehara Beach Offshore with outstanding translucency and many signs of fish.
The shoals of red bass and pearl-spot chromis that visit the coral reefs are beautiful,
and in early spring, several dozen broadclub cuttlefish come to spawn.

8 Irizaki (Yonaguni Island)

MAXIMUM DEPTH 30m CURRENT Occasionally Strong

This is one of the best places in Japan for watching swordfish, dogtooth tuna, barracuda and other large migratory fish.
One of the biggest attractions of Yonaguni is the high chance of encountering hammerhead sharks.
The large schools of hammerhead sharks known as "hammerhead river" are a must-see for diving fans!

3 Nishihama Beach (Hateruma Island)

MAXIMUM DEPTH 15m CURRENT Calm

With a white sandy floor, the sea is so clear you can see for more than 30m.
Clownfish and oriental butterflyfish shoal around the coral reefs that dot the sandy floor,
making this a good spot for fish watching.

5 Sakieda Big Arch

MAXIMUM DEPTH 17m CURRENT Calm

From July to August, shoals of luminous cardinalfish gather in this big arch.
In the light that penetrates the arch, a fantastic world unfolds like the Milky Way or the aurora.

7 Takana Drop (Iriomote Island)

MAXIMUM DEPTH 30m CURRENT Occasionally Strong

This drop off falls down 30m from a shelf at about 5m.
There's a cave where the light produces a scene just like a palace.
It is a relaxing spot where silver sweepers flit through the arch leading to the cave,
surrounded by a fantastic space.

9 North of Hatoma Island

MAXIMUM DEPTH 20m CURRENT Calm

There are several crevasses formed when the coral reef developed,
and you can enjoy the topography and the panorama of coral.
It's fascinating to see the colony receive the welcome of the dusky farmerfish.

10 Taketomi North Jagariko Reef

MAXIMUM DEPTH 12m CURRENT Calm

At a shallow water depth of about 3m, echinopora lamellosa and branch coral grow in colonies.
Orange spotted filefish, popular for their polka-dot pattern, also shoal here.

SNORKELING

Enjoy the Forest of Coral and Tropical Fish with Your Families

Okinawa is famed for the outstanding translucency of its seas.
Experience the freedom of snorkeling among the vivid coral reefs and shoals of colorful tropical fish!

Perfect Location for Enjoying

MARINE SPORTS

Catch the wind and ride the waves. Okinawa has everything for the marine sports enthusiasts, from beginners to professionals.

KITEBOARDING Slip over the waves pulled by a wind-blown kite.

STAND UP PADDLE BOARDING Stand on a board, paddling with an oar. It's easy even for complete beginners.

WINDSURFING Once you've got the knack, you can enjoy riding waves too.

SURFING The Komesu coast in Itoman and Miyagi coast in Chatan are famous points even in Local Okinawans.

WAKEBOARDING Nothing beats the exhilaration of slicing through the wind, spray and waves, towed by a boat.

WATER BIRD This special boat has a bench underneath it where you can all sit and take an undersea trip.

Enjoy Resort Activities

MARINE LEISURE

From thrilling, scream-inducing rides to easy-going fun, Okinawa offers a full menu of marine leisure. Enjoy the sea of Okinawa with your family and friends for lasting happy memories!

SEAWALKER
Take a stroll undersea wearing a diving helmet. It won't spoil your makeup, and you can even wear glasses.

FLYBOARD
Float in the air using water jets from Jet Skies.
Experience a different dimension with this novel marine sport.

PARASAILING Float in the sky under a parachute pulled by a boat. Enjoy the sensation of flying like a bird.

JET SKI Experience the thrill of speeding over the waves making sweeping turns.

BUMPER TUBE A motor boat pulls a rubber ring seating two to five people at high speed in this scream-inducing activity.

BANANA BOAT A rubber boat shaped like a banana, pulled by a motor boat. Hold tight so you don't fall off!

Underwater observation with your family

MARINE PARK & GLASS-BOTTOM BOAT

WELCOME TO OUR NATURAL AQUARIUM!

Enjoy Okinawa's ocean through glass in this underwater observatory tower.
Take a pleasure trip out to sea in a glass-bottom boat or semi-submersible.
Everybody from children to seniors can enjoy the coral reefs and tropical fish of Okinawa's undersea world in safety without getting wet.

Take a comfortable cruise to see the undersea view.

In the northern part of Okinawa Main Island at the Busena Marine Park Underwater Observatory, and in Miyako Island at the Miyakojima Marine Park, you can enjoy undersea world unlike a typical aquarium.

THE HEAT OF THE DRAGON BOAT RACE

Heralds the Arrival of Summer

The dragon boat race on May 4 of the old calendar heralds the arrival of summer in Okinawa.
The dragon boat race is an event held by Uminchu (fishermen) to pray for a large catch and safety at sea, using boats called "hari" in the local dialect.
Feel the power of Okinawa's seafaring culture in this exciting race!
Look forward to this event that heralds the arrival of summer in Okinawa, where visitors and the local people encourage the Uminchu with cheering, clapping, gongs, drums and whistles.

Well-matched teamwork is required.

SAIL-POWERED SABANI BOATS

Experience Okinawan Tradition

Try your hand at sailing a traditional Okinawan sabani sailing boat.
Sabani boats are traditional wooden boats used by Okinawan fishermen in the past.
Race is also held from the Zamami Islands to Okinawa Main Island, and there is a popular tour that you can take part in as a group.

EXPLORE BY SEA KAYAK

Explore Uninhabited Islands and Sea Caves!

Sea kayaking is a great experience for families, even with small children.
Enjoy the tropical fish and beautiful coral as you tour caves and uninhabited islands.
Set out on an adventure over the waves with your family and friends!

Paddle a clear bottomed kayak, gazing at the beautiful coral and colorful tropical fish.

BBQ

Fill Your Heart and Stomach

The people of Okinawa love beach parties.
Barbecue on the beach is an opportunity to enjoy time with family, friends and colleagues from work.
Eating meat, seafood and vegetables from Okinawa and drinking local beer, with sights and sounds of the sea are sure to delight anyone.
Beach party is the ideal way to end a day fraternizing after enjoying marine activities.

TROPICAL CRUISING

Enjoy Pleasant Sea Breeze and Views

Dinner cruises with a beautiful sunset and night views.
Night cruises under a starry sky.
Blissful moments on the ocean beneath the canopy of the sky await the traveller.

Some people even shed tears as they watch the sun sink beautifully into the East China Sea.

Romantic night cruises under a starry sky,
or dinner cruises gazing at night view in dusk.

Charter a cruiser for diving and fishing during the day,
and a dinner cruise at night.

WHALE WATCHING

Encounter Humpback Whales.
Okinawa's Ultimate Winter Season Attraction!

From late December to late March, humpback whales visit
the seas of Okinawa to give birth and raise their young.
These enormous animals are about 15m long and weigh about 30t.
They're the biggest mammals on earth.
Seeing these huge whales breaching is the highlight.
Enjoy the various expressions of these magnificent creatures.

ENCOUNTER RATE
98%

See Powerful Leaps of Whales Up Close!
Slowly cruise the tropical blue seas,
watching the dynamic displays of the humpback whales.
Okinawa is a great destination in winter for families with young children.

TROPICAL FISHING EXPERIENCE

Okinawa is known as a heaven for fishing.
With trolling, you aim for large prey, and enjoy the excitement of hauling in your catch.
With everything from raft fishing, safe even for beginners, to offshore fishing,
and a surprising range of tropical fish, a world of excitement awaits you.

Go Boldly for Big Game with Trolling

Charter a boat and go trolling for large prey.
Feel the thrill of striking a tuna, swordfish or dorado,
and remember the impressive experience for the rest of your life.

Beginner? No equipment? Half a day? OK!

From raft fishing for beginners and light boat fishing for families and women, to payao fishing for tuna and skipjack, there's something for everybody to enjoy!

Freshly Caught Fish Tastes the Best!

Tasting the fish that you've just caught is the greatest joys of fishing.
There are restaurants that will cook your fish for you, so why not ask at the fishing shop?

DOLPHIN THERAPY

Healing with Dolphins

Meet and swim with dolphins.
This program offers a fantastic experience for families.
Dolphins have a mysterious therapeutic effect on people.

Dolphin Therapy
In the case of developmental disorders such as childhood autism, dolphin therapy can be one form of development support. Interacting with dolphins gives people a sense of challenge and feeling of achievement, improving learning and communication ability.

HORSE THERAPY

Sea Walks with Horses

Experience the pleasure of matching your breathing and rhythm to that of a horse as you stroll together on the beach.
The horse will take you for a swim in the sea.
Horses are known to have a therapeutic effect, and even small children can get involved.

Horse Therapy
Riding horses, caring for, feeding and observing them is one method of psychological and physical rehabilitation for the handicapped, speeding their return to society.

BEACH YOGA

Gently Enveloped by the Sunrise and the Sound of the Surf. Refresh Your Mind and Body with Beach Yoga!

Spread your arms, look up into the sky, take a deep breath.
Let the sound of the waves, the scent of the ocean and the caressing breeze calm your mind.
Beach yoga at sunrise is a great way to prepare your body rhythm for the day.
It also helps to relieve jet lag.

THALASSO THERAPY

Gift to Your Body from the Ocean

Thalassotherapy is a therapeutic approach using deep ocean water, seaweed and mud for health, beauty and relaxation.
Why not try relaxing far from daily life in this beautiful natural resort, restoring your mind and body to health,
in the exuberant tropical environment of Okinawa.

＊Deep ocean water is seawater that has slowly circulated around the world for 2,000 years in the deep ocean where the sunlight doesn't reach.
It's known as a miracle of the natural world.

Okinawan Beach

There are many beautiful beaches in Okinawa.
Here we introduce some of the main beaches
from north to south.

A Emerald Beach 【Okinawa Main Island】

Lifeguard Snorkeling Marine Leisure

In Ocean Expo Park, you will also find a beautiful beach surrounded by lagoon.

Opening Hours : (Apr.-Sep.) 8:30-19:00 (Oct.) 8:30-17:30
Admission : Free
Facilities : Shower room, Bathroom, Locker, Kiosk, Jellyfish prevention net

B Sesoko Beach 【Okinawa Main Island】

Lifeguard Snorkeling Marine Leisure

Sesoko Island in northern part of Okinawa Main Island, has the beach whose water is known as the clearest on the Okinawa Main Island.

Opening Hours : (Jul.-Sep.) 9:00-17:30 (Apr. 28-Jun.30) and Oct. 1-10) 9:00-17:00
Admission : Free(Parking 1,000 yen)
Facilities : Shower room, Bathroom, Locker, Kiosk, Jellyfish prevention net

C Onna Municipal Beach 【Okinawa Main Island】

Lifeguard Snorkeling Marine Leisure

Onna Seaside Civil Park also has the beach popular with local people.

Opening Hours : (Apr.-Oct.) 10:00-19:00
Admission : Free
Facilities : Shower room, Bathroom, Locker, Kiosk, Jellyfish prevention net

D Cape Zanpa South Beach 【Okinawa Main Island】

Lifeguard Snorkeling Marine Leisure

Near Cape Zanpa, Yomitan Village, you will find a very beautiful beach with clear view of ocean and sand.

Opening Hours : (Apr.-Oct.) 9:00-18:00
Admission : Free
Facilities : Shower room, Bathroom, Locker, Kiosk, Jellyfish prevention net

E Chatan Sunset Beach 【Okinawa Main Island】

Lifeguard Snorkeling Marine Leisure

The beach located in Chatan, popular with local young people. Also, there are plenty of good spots around the beach.

Opening Hours : (Apr.8–Nov.30) 9:00-19:00 *Varies according to the season
Admission : Free
Facilities : Shower room, Bathroom, Locker, Kiosk, Jellyfish prevention net

F Ginowan Tropical Beach 【Okinawa Main Island】

Lifeguard Snorkeling Marine Leisure

Even next to the Okinawa Convention Center, you can enjoy the beach popular with locals.

Opening Hours : (Apr.17 –Oct. 31) 9:00-19:00 *Varies according to the season
Admission : Free
Facilities : Shower room, Bathroom, Locker, Kiosk, Jellyfish prevention net

G Toyosaki Churasun Beach 【Okinawa Main Island】

Lifeguard Snorkeling Marine Leisure

This is the beach closest to Naha Airport. Arbors provide you plenty of shade in sunny days.

Opening Hours : (Jul.-Aug.) 9:00-19:00 (Sep.-Oct. and Apr.-Jun.) 9:00-18:00
Admission : Free
Facilities : Shower room, Bathroom, Locker, Kiosk, Jellyfish prevention net

H Azama Sun Sun Beach 【Okinawa Main Island】

Lifeguard Snorkeling Marine Leisure

Near Azama Port on the Chinen Peninsula, there is the beach where Kudaka Island can be seen across the sea.

Opening Hours : (Jul.-Aug.) 10:00-19:00 (Sep.-Oct. and Apr.-Jun.) 10:00-18:00
Admission : Free(Parking 500 yen)
Facilities : Shower room, Bathroom, Locker, Kiosk, Jellyfish prevention net

I Furuzamami Beach 【Zamami Island】

Lifeguard Snorkeling Marine Leisure

Unparalleled beautiful and perfect beach for snorkeling.

Opening Hours : Year-round
Admission : Free
Facilities : Shower room, Bathroom, Kiosk

J Aharen Beach 【Tokashiki Island】

Lifeguard Snorkeling Marine Leisure

Since it has exceptionally clear water, this beach is ideal for snorkeling in the shallows.

Opening Hours : Year-round
Admission : Free
Facilities : Shower room, Bathroom, Kiosk

K Hatenohama Beach 【Kume Island】

Lifeguard Snorkeling Marine Leisure

Kume Island Offshore lays an island that consists of just a sandy beach. Feel the luxury of nothing at all.

Opening Hours : Year-round
Admission : Free (Boat from Kume Island. Charges required)
Facilities : Bathroom

L Yonaha-maehama Beach 【Miyako Island】

Lifeguard Snorkeling Marine Leisure

Experience beautiful white sand beach. It's said to have the finest and whitest sand in the East.

Opening Hours : Year-round
Admission : Free
Facilities : Shower room, Bathroom, Locker, Kiosk, Jellyfish prevention net

M Sunayama Beach 【Miyako Island】

Lifeguard Snorkeling Marine Leisure

The white sand like powder snow is famous, and its natural form is beautiful.

Opening Hours : Year-round
Admission : Free
Facilities : Shower room, Bathroom

N Sukuji Beach 【Ishigaki Island】

Lifeguard Snorkeling Marine Leisure

This gently shelving white sand beach is great for swimming, and the sunsets are beautiful.

Opening Hours : (May.-Sep.) 9:00-18:00
Admission : Free
Facilities : Shower room, Bathroom, Locker, Kiosk, Jellyfish prevention net

O Kondoi Beach 【Taketomi Island】

Lifeguard Snorkeling Marine Leisure

Gently shelving beach in calm atmosphere. Perfect beach to bring your families.

Opening Hours : Year-round
Admission : Free
Facilities : Shower room, Bathroom, Kiosk

P Hama Island

Lifeguard Snorkeling Marine Leisure

The sands on this beach are coral pieces, and the sea is a beautiful color too. The island disappears at high tide.

Opening Hours : Year-round
Admission : Free

Q Baras Island

Lifeguard Snorkeling Marine Leisure

The Islands formed through the sedimentation of coral pieces, known as good snorkeling and diving spot.

Opening Hours : Year-round
Admission : Free

R Nishihama Beach 【Hateruma Island】

Lifeguard Snorkeling Marine Leisure

The fine white sandy beach and emerald sea are definitely exquisite.

Opening Hours : Year-round
Admission : Free
Facilities : Shower room, Bathroom, Kiosk

GUIDE TO SEA CREATURES IN OKINAWA

The water around Okinawa is known worldwide for its transparency, and it provides the environment necessary for the formation of coral reefs that maintain marine ecosystems.
It's a paradise of colorful, jewel-like fish, worthy of the name "Churaumi" — beautiful sea.

Cooperation: Ocean Expo Park, Okinawa Churaumi Aquarium

Steephead parrotfish
(Okinawan Dialect : Obacha, Gennoirabucha)
Scientific Name : *Chlorurus microrhinos*

Double-lined fusilier
(Okinawan Dialect : Kabukuwagurukun)
Scientific Name : *Pterocaesio diagramma*

Blue sea star
(Okinawan Dialect : —)
Scientific Name : *Linckia laevigata*

Clown anemonefish
(Okinawan Dialect : Inubi)
Scientific Name : *Amphiprion ocellaris*

Pyramid butterflyfish
(Okinawan Dialect : —)
Scientific Name : *Hemitaurichthys polylepis*

Blue damselfish
(Okinawan Dialect : Oiyu)
Scientific Name : *Chrysiptera cyanea*

Black back butteflyfish
(Okinawan Dialect : Kasa)
Scientific Name : *Chaetodon melannotus*

Bicolour parrotfish
(Okinawan Dialect : Agacha)
Scientific Name : *Cetoscarus bicolor*

Humphead wrasse
(Okinawan Dialect : Hirosa)
Scientific Name : *Cheilinus undulatus*

Potato grouper
(Okinawan Dialect : Aramibai)
Scientific Name : *Epinephelus tukula*

Green humphead parrotfish
(Okinawan Dialect : Gujirabuttaj)
Scientific Name : *Bolbometopon muricatum*

Moorish idol
(Okinawan Dialect : Hatamuchi)
Scientific Name : *Zanclus cornutus*

Longnose butterflyfish
(Okinawan Dialect : Kasa)
Scientific Name : *Forcipiger flavissimus*

Bluefin trevally
(Okinawan Dialect : Gara)
Scientific Name : *Caranx melampygus*

Green sea turtle
(Okinawan Dialect : Mijigami)
Scientific Name : *Chelonia mydas*

Sea goldie
(Okinawan Dialect : Akabi)
Scientific Name : *Pseudanthias squamipinnis*

Palette surgeonfish
(Okinawan Dialect : Jurigwakusuku)
Scientific Name : *Paracanthurus hepatus*

Spotted garden-eel
(Okinawan Dialect : —)
Scientific Name : *Heteroconger hassi*

Semicircle angelfish
(Okinawan Dialect : Kasa)
Scientific Name : *Pomacanthus semicirculatus*

Saddle butterflyfish
(Okinawan Dialect : —)
Scientific Name : *Chaetodon ephippium*

Blackspot tuskfish
(Okinawan Dialect : Makubu)
Scientific Name : *Choerodon shoenleinii*

Yellow and blueback fusilier
(Okinawan Dialect : Akajugurukun)
Scientific Name : *Caesio teres*

Emperor angelfish
(Okinawan Dialect : Kasa)
Scientific Name : *Pomacanthus imperator*

Alfred manta
(Okinawan Dialect : Gamakamanta)
Scientific Name : *Manta alfredi*

Tawny nurse shark
(Okinawan Dialect : Takokuwaya)
Scientific Name : *Nebrius ferrugineus*

Whale shark
(Okinawan Dialect : Mizusaba)
Scientific Name : *Rhincodon typus*

Common dolphinfish
(Okinawan Dialect : Manbika)
Scientific Name : *Coryphaena hippurus*

Giant grouper
(Okinawan Dialect : Aramibai)
Scientific Name : *Epinephelus lanceolatus*

Live sharksucker
(Okinawan Dialect : Hunahiccha)
Scientific Name : *Echeneis naucrates*

Coachwhip ray
(Okinawan Dialect : Kamanta)
Scientific Name : *Himantura uarnak*

Dark-banded fusilier
(Okinawan Dialect : Ukugurukun)
Scientific Name : *Pterocaesio tile*

Blotched foxface
(Okinawan Dialect : Garasaake)
Scientific Name : *Siganus unimaculatus*

Longspined porcupinefish
(Okinawan Dialect : Abasa)
Scientific Name : *Diodon holocanthus*

Giant trevally
(Okinawan Dialect : Kamaja)
Scientific Name : *Caranx ignobilis*

Bigfin reef squid
(Okinawan Dialect : Shiruicha)
Scientific Name : *Sepioteuthis lessoniana*

Broadclub cuttlefish
(Okinawan Dialect : Kubushimi)
Scientific Name : *Sepia latimanus*

Spotted moray
(Okinawan Dialect : Uji)
Scientific Name : *Gymnothorax isingteena*

Bull shark
(Okinawan Dialect : Shironaka)
Scientific Name : *Carcharhinus leucas*

Tiger shark
(Okinawan Dialect : Iccho)
Scientific Name : *Galeocerdo cuvier*

Oriental butterflyfish
(Okinawan Dialect : Kasa)
Scientific Name : *Chaetodon auripes*

Razorfish
(Okinawan Dialect : Kinuhaiyu)
Scientific Name : *Aeoliscus strigatus*

Barhead spinefoot
(Okinawan Dialect : Ake)
Scientific Name : *Siganus virgatus*

Bluestreak cleaner wrasse
(Okinawan Dialect : —)
Scientific Name : *Labroides dimidiatus*

Tropical Fish Are Arrayed in Makishi Public Market

Makishi Public Market in Naha offers a wealth of tropical flavor. Here you can see rare fish and shellfish, shrimp and crab. You can have the foodstuffs you buy on the first floor cooked for you in the cafeteria upstairs.

Tomari Iyumachi, Naha Fishing Port

Several fresh fish shops sell fish freshly caught that day at Tomari Iyumachi. "Iyu" means fish in Okinawan dialect, and "machi" means market. You can find all sorts of colorful fish typical of Okinawa, and some stores will send them anywhere in Japan for you.

One of the Largest Aquariums in the World

OKINAWA CHURAUMI AQUARIUM

With the concept of “An encounter with the sea of Okinawa”, the aquarium introduces coral reef shallows, coral reefs, the seas of the Kuroshio (Black current), the deep sea, and the creatures that live there.
The highlight is the Kuroshio sea tank, one of the largest in the world! It’s the world’s first record of multiple whale sharks and manta rays in captivity.
Here you can experience the world of Okinawa’s sea in its entirety.

From Nirai Kanai far beyond the seas, the Gods bring abundance.
This has been the belief in Okinawa since ancient times,
and people have prayed with a feeling of awe for the sea.

Today, Okinawa protects its natural environment,
and welcoming visitors to enjoy leisure and sports amid the beautiful ocean scenery.